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# **OBPD Women's Firearms Class 2025**





# Safety First

All handguns must made safe.

Semi auto cleared with slide back. *"Show Clear"*

Revolver Cylinders open.

No ammo with the guns.

The background of the slide features the official seal of the Orange Beach Police Department. The seal is circular, with a gold outer ring containing the words "ORANGE BEACH" at the top and "POLICE DEPARTMENT" at the bottom in blue capital letters. Two gold stars are positioned on the left and right sides of the ring. The center of the seal depicts a white police patrol boat on the water, with a large orange sun setting or rising behind it. Above the boat, the words "ORANGE BEACH" and "ALABAMA" are written in white on a red banner. Below the boat, the word "POLICE" is written in white on a red banner.

# Trainer Introductions

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# Participant Introductions

What's your name?

What is the "Why" for you signing up for this class?

Share a fun fact about yourself.

# OBPD Firearm Training Course Outline

What will be covered in this training class

Gun Safety

Gun Handling

How to grip a hand gun  
Proper stance

Shooting Accuracy

Ways to carry a  
Handgun

Self Defense Strategies

Situational Awareness  
Cover vs. Concealment

Using a Gun in Defense

Home Checklist

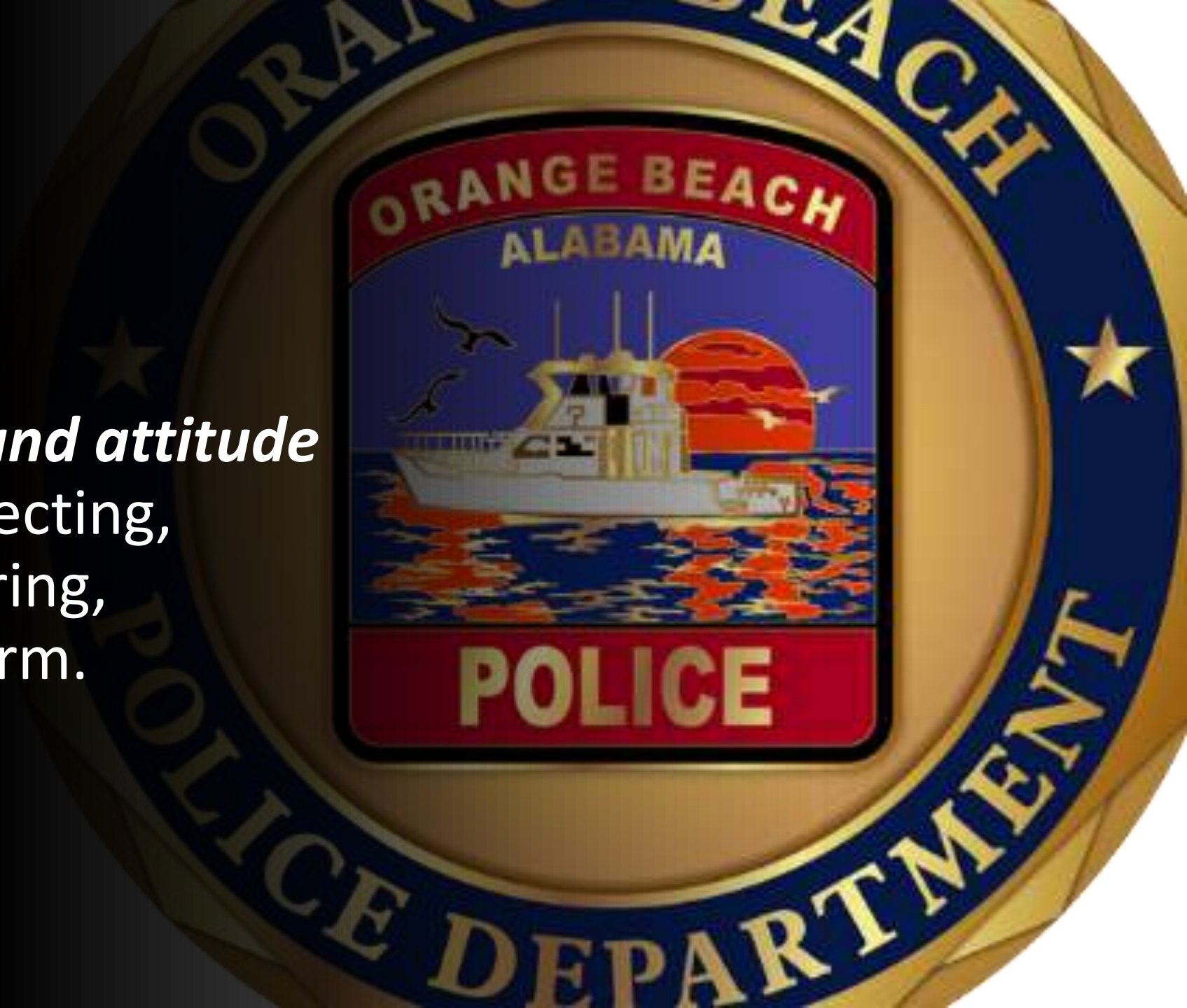
Hand Gun

Choosing the Best Gun  
Buyers Checklist

Range Rules

# Gun Safety

*Knowledge, skills, and attitude* are essential for selecting, safely handling, storing, and cleaning a firearm.



# Gun Safety

**Knowledge.** Information and understanding acquired through *experience, education, or study*.

**Skills.** The ability to perform tasks effectively, developed through *practice, training*.

**Attitude.** The way we *think or feel* about something, which influences how we behave. It's our *mental stance or approach* towards different aspects of life.





# Gun Safety

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Gun Safety is everyone's responsibility.

The three **most important** rules of gun safety:

1. **ALWAYS** keep the gun pointed in a safe direction.
  2. **ALWAYS** keep your finger off the trigger until ready to shoot.
  3. **ALWAYS** keep the gun unloaded until ready to use.
- 







# Gun Safety *continued*



## Other Rules To Keep In Mind:

4. Know your target and what is beyond.
5. Know how to use the gun safely.
6. Be sure the gun is safe to operate.
7. Use only the correct ammunition for your gun.
8. Wear eye and ear protection as appropriate.
9. Never use alcohol or drugs before or while shooting.
10. Be aware that certain types of guns and many shooting activities require additional safety precautions.



# Handgun

## Semi- Automatic Pistol & Revolver Parts



# Proper Grip

How to grip a handgun





# Proper Grip

How to grip a handgun



# Proper Grip?

How to grip a handgun



*Practice*

Stance



# MY STANCE ON GUN CONTROL

**BENT  
FORWARD  
SLIGHTLY  
AT HIPS**

**ARMS  
FULLY  
EXTENDED**

**SIGHTS  
ALIGNED  
ON TARGET**

**KNEES  
FLEXED**

**TOES  
PARALLEL**





# Proper Stance



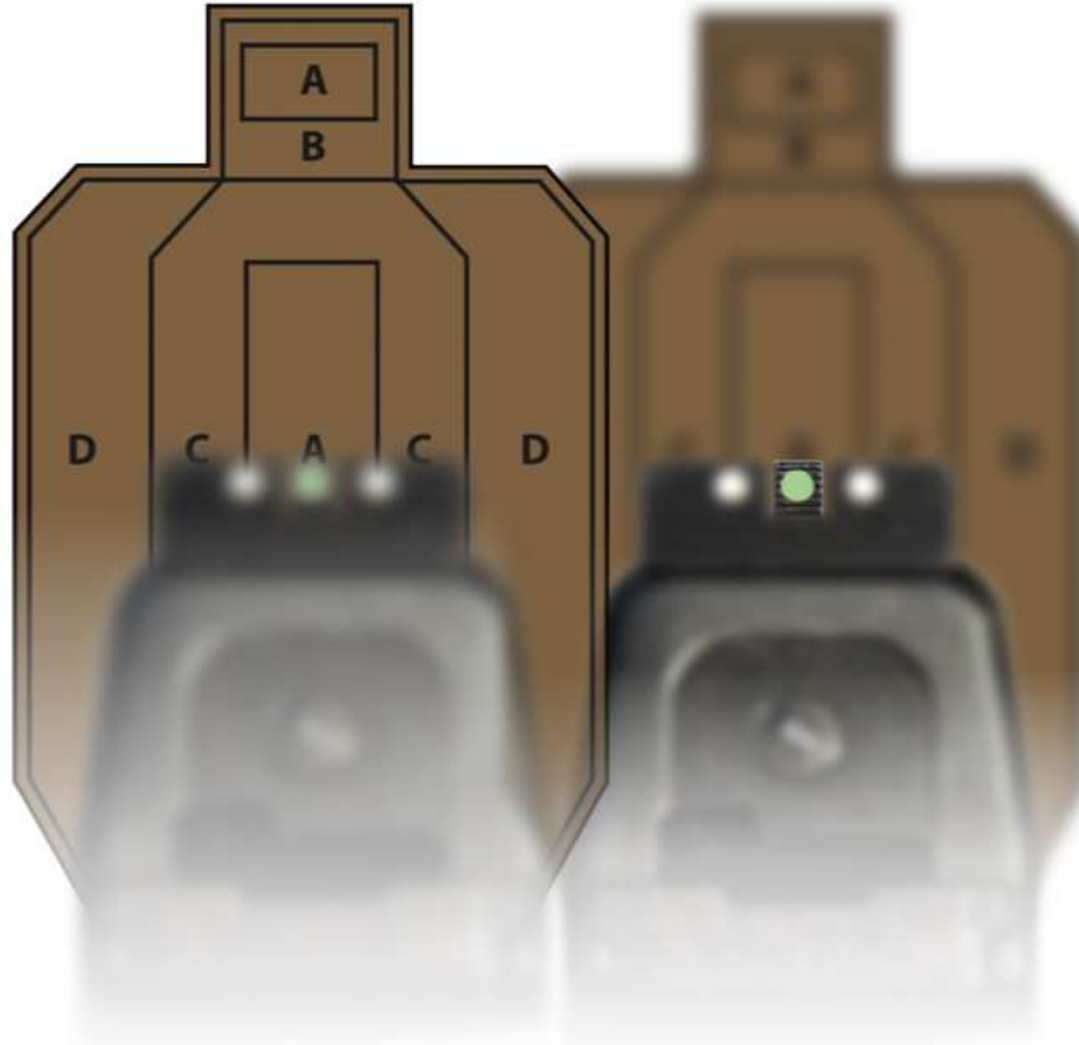
# Sight

## Improving Shooting Accuracy (Iron Sights)



### *Flash Sight Picture*

A "flash sight picture" occurs when the shooter is able to get a rapid "overlay" of the sights on the target, without focusing on the front sight, and without taking the time to gain perfect sight alignment. The shooter looks for a "flash" of the sights on the target, to verify proper alignment, rather than using the sights to gain proper alignment.



### *Sighted Fire*

When the requirements for precision require that you must use sighted fire, it's important to focus on the front sight rather than the target for the most precise shot. The front sight will be in complete focus, the rear sight will be semi-blurred, and the target will be the blurriest thing in your sight picture.



# Sight

## Improving Shooting Accuracy (Red Dot)



### The Benefits of a Red Dot

Starting with the biggest advantage, they are so easy to use. Put the dot on the target and pull the trigger.

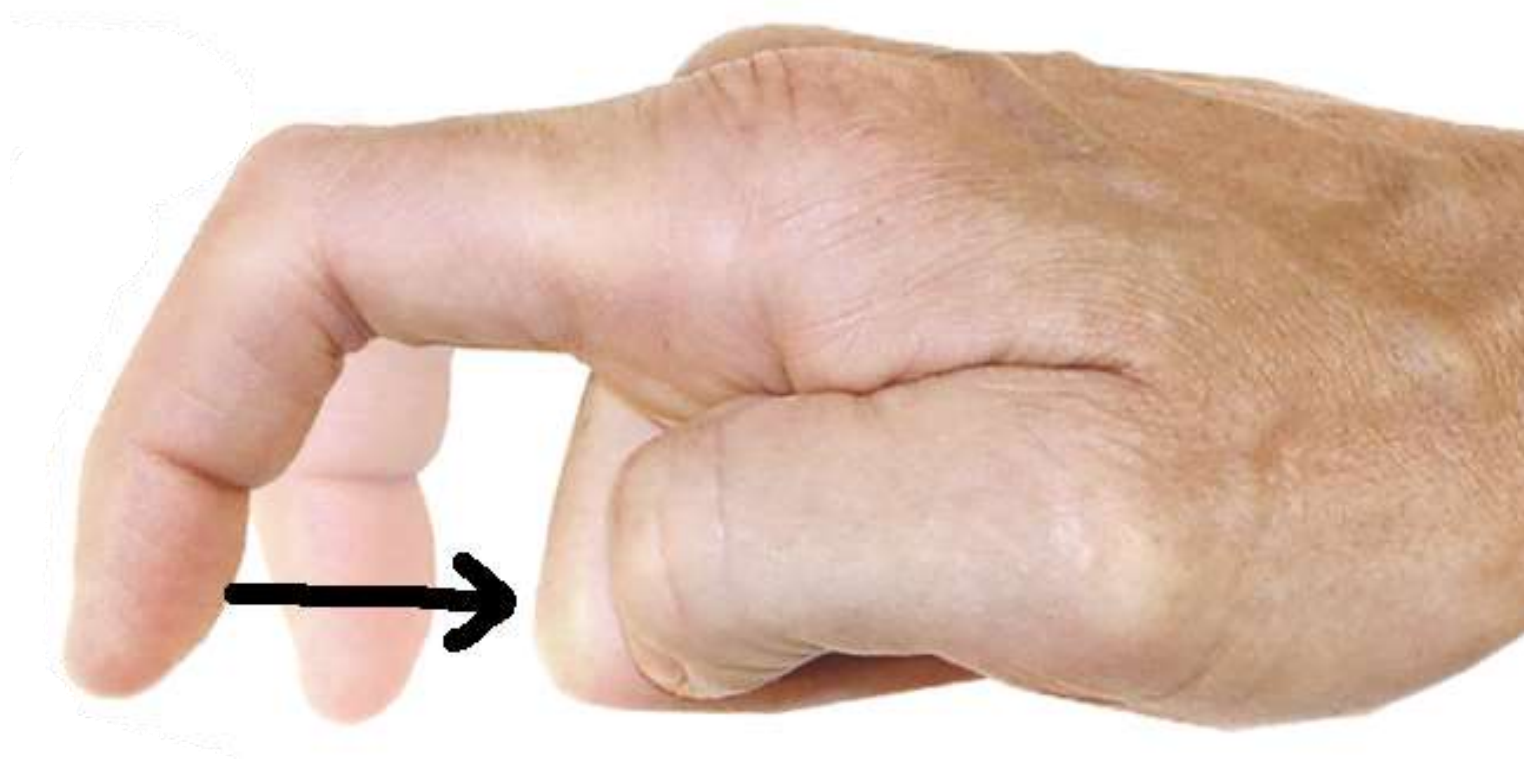
Iron sights require you to line up the target, the front sight, and the rear sight.





## Finger Control

## Improving Shooting Accuracy



*Wherever the trigger is placed, the finger must be pressed  
**STRAIGHT** to the rear so that muzzle alignment is not disturbed.*

# Trigger



# Improving Shooting Accuracy

## Trigger Function



**Reset Point**

*The trigger resets at this point, and can be pressed again, without letting the trigger travel all the way forward to the rest position.*



**Break Point**

*The point at which the striker is released, and the gun fires.*



**At Rest**

*The trigger is fully forward.*



# Rapid Fire Survey

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1. Number 1-5
2. Do Not Look Around
3. Answer Quickly



# Situational Awareness



1

## GOLDEN RULE

*DON'T GO ANYWHERE WITH  
YOUR GUN YOU WOULDN'T  
GO WITHOUT YOUR GUN*

3

## STAY ALERT

*NOTICE WHO NOTICES YOU*



5

## AVOID DANGEROUS AREAS

*DON'T TAKE SHORTCUTS*

2

## DITCH THE TECH

*STAY OFF THE PHONE*



4

## PARK IN WELL-LIT AREAS

*PREDATORS SEEK  
DARKNESS*



6

## USE WHAT YOU HAVE

*PAY ATTENTION*



# Self Defense Strategies

## Cover

- is anything that will stop in-coming rounds.
- is dense, solid and impenetrable.
- offers you the best chance to avoid the impact of bullets coming your way.

## Cover vs. Concealment

According to the 3-11, the USMC's guide to Scouting Patrolling, cover and concealment are defined as: **"Cover is protection from the fire of hostile weapons. Concealment is protection from observation."**

## Concealment

- simply hides you from your attacker.
- is better than nothing because it, at the very least, obscures your outline and does not give your attacker the opportunity to acquire a perfect sight picture.
- will not stop bullets, and in a perfect world, concealment is simply a brief stop on the way to cover.



# Using a Gun in Defense

What we will cover

Know your Rights

Alabama Use of  
Force  
Code of Alabama  
13A-3-23

Castle Doctrine

Right to Carry and  
Pistol Permits

Reciprocity with  
other states



# Know Your Rights

## Section 13A-3-23 - Use of force in defense of a person.

A person is justified in using physical force upon another person in order to defend himself or herself or a third person from what he or she reasonably believes to be the use or imminent use of unlawful physical force by that other person, and he or she may use a degree of force which he or she reasonably believes to be necessary for the purpose. A person may use deadly physical force, and is legally presumed to be justified in using deadly physical force in self-defense or the defense of another person.

Then the code provides exceptions to the above



# Stand Your Ground

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Alabama law provides:

A person who is justified to use physical force, including deadly physical force, and who is not engaged in an unlawful activity and is in any place where he or she has the right to be has no duty to retreat and has the right to stand his or her ground.

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# Castle Doctrine in Alabama



Alabama considers a person's home as his castle and thus has a right to defend it.

- The doctrine is extended to a business or vehicle if the person is in the business or vehicle.
- A person has the right to defend his person and property as long as they are present in said home, business or vehicle.

# Know Your Rights and Responsibilities

## **Alabama is a “Right to Carry” State**

That means no permit is required to carry a handgun on your person or in your vehicle; that does not entitle you to carry on your person or in a vehicle a firearm in a state other than Alabama

## **Alabama also provides, for a fee, a “Pistol Permit”**

Another state may recognize and accept that permit with or without limitations. (See map on next page)

Each state will have its own set of regulations on processing and carrying a firearm. It is your responsibility to understand and comply with those regulations when you travel.

Know the laws and regulations of the state to which to travel.



# Contingency State Map



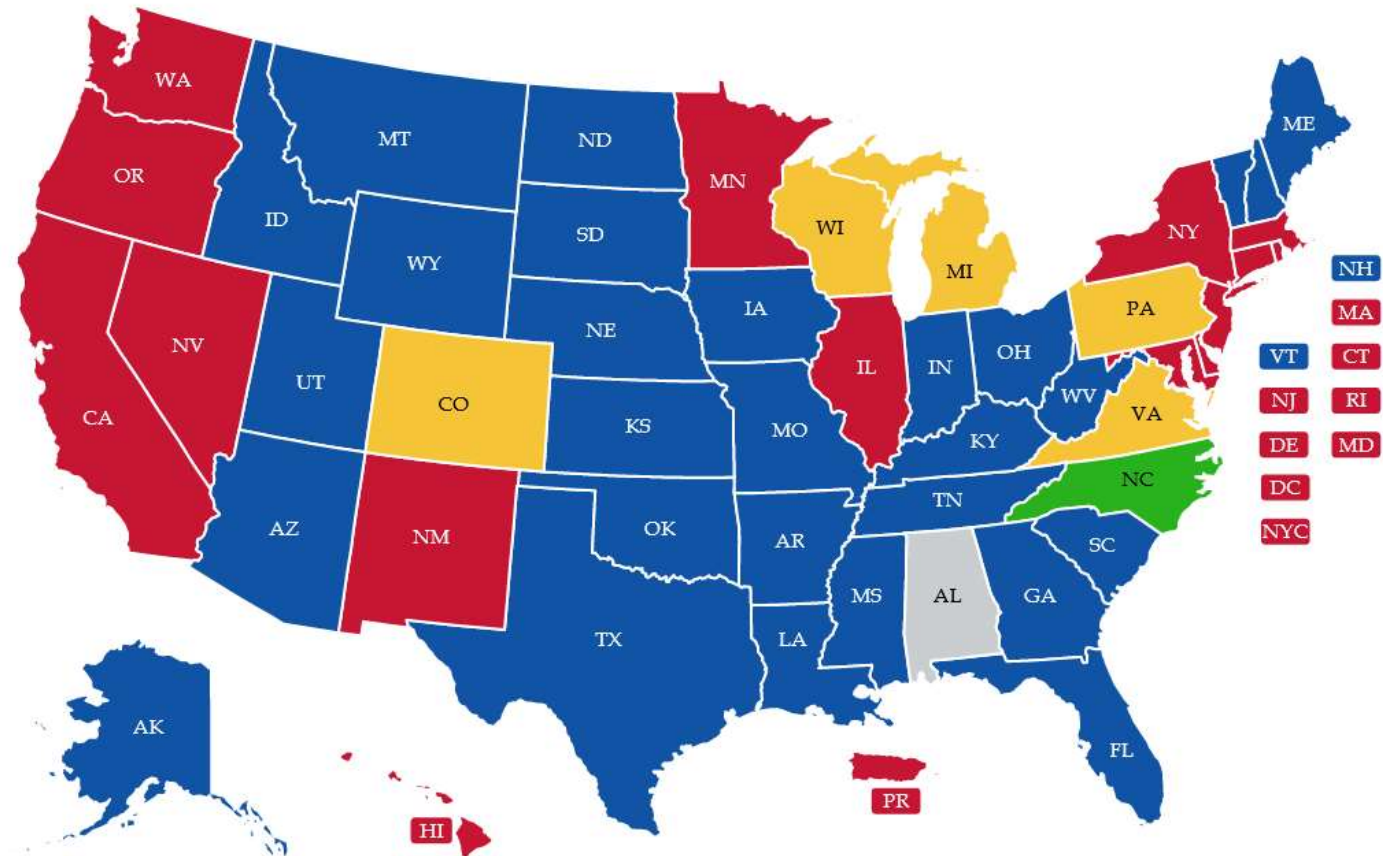
## Alabama

### Concealed Carry Reciprocity Map & Gun Laws

View Updates: 2024-11-13



Print



Carry allowed with my Alabama permit?

■ No ■ Yes, Selected State(s) ■ Yes ■ Yes, Constitutional Carry ([Check Ages](#)) ■ Yes, Other Restrictions



## Buyer's Checklist

# Handgun



1

- Find a gun that fits your hand
- Should feel good from the start

2

- Find a gun you will feel comfortable
- Things like weight and size are important

3

- Choose a caliber that you can control

## Buyer's Checklist *Continued*

# Handgun



4

- Seek knowledgeable advice
- Always find a trusted source for advice

5

- Choose what works for you
- Never be pressured into buying a gun, it's a personal choice

6

- Find a good trainer and coach
- Practice often– develop muscle memory

# The Range and Its Environment

What we will cover

Range Safety Officers

Range Commands

Environment on the Range

Range Rules







# Range Safety Officers

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Range Safety Officers are NRA trained and certified

- Volunteers with the Orange Beach Police Department and under the supervision of a Police Officer
- Red Baseball caps and Red Polo Shirts

Primary Role – *Safety*

Secondary Role – *Instruction and Coaching*



# Range Commands



Range commands you must know and react to immediately:

“Cease Fire or range is cold”

“Show Clear”

“Ready on the left and right”

“Commence fire or range is hot”

As soon as *cease fire* is called.

- All guns must be set on the table with the slides locked open for pistols and cylinders open for revolvers.
- Barrels facing down range.

***Remember anyone can call  
“cease fire” if it pertains to the  
safety of all on the range.***





# Range Commands



**“Show Clear”**





# Video: Range Commands



# Environment on the Range



Be prepared and aware while shooting.

There will be a lot of:

- Noise
- Smoke
- Flying shell cases

Everyone's responsibility is **safety first!**

## Facilities

## Range Rules



1. **Firing stations are provided at 7, 15, 25 and 50 yards.** Firing is allowed only at the firing line station designated by the Range Safety Officer, normally the 7 yard line. Use of another station maybe permitted depending on availability and at the discretion of a Range Safety Officer.
2. **Firing is at authorized targets only.** Use of alternative, user supplied, targets maybe granted at the discretion of a Range Safety Officer.
3. A shooter will remain at the firing station line at all times unless returning to the rear of the range. Targets will be changed only by a Range Safety Officer.
4. Expended shell cases must be pickup and removed from the range, or place in a designated container for disposal.
5. Shooters will remain on the designated firing lines; when under "cease fire" conditions, Range Safety Officers may grant permission to move off the firing line to facilitate picking up shell cases.
6. Appropriate hearing and eye protection is required by all persons down range of the 50 yard line firing line.



# Safety

## Range Rules



1. Always keep a gun pointed in a safe direction (normally down range).
2. Always keep a gun unloaded until ready to fire.
3. Always keep your finger off the trigger, until ready to fire.
4. Guns are to be loaded and unloaded at the firing line only.
5. Guns going to or coming off the firing line should be holstered, in a case, or carried with the magazine removed, and slide or cylinder opened. Magazines may be loaded in an area designated by the Range Safety Officer.
6. Report malfunctions (failure to fire, failure to feed, etc.) to a Range Safety Officer for assistance.
7. Use of tobacco, alcohol, or drugs is prohibited. (No food at the firing line)
8. Use of cell phones beyond the 50 yard line is prohibited.
9. Shooters will conduct themselves in an orderly manner at all times.
10. To ensure safety for shooters and observers, proper range attire is required. (If in doubt ask a Range Safety Officer.)
11. Shooters are responsible for their guns and ammunition while on the grounds of the Shooting Range.
12. Any shooter may call "cease fire" if a safety violation is observed. All shooters will cease fire upon hearing the command, place their guns in a holster, case or on the ground on the firing line with cylinder or slide open and magazine removed.
13. Shooters are responsible for picking up their own brass and any other brass in the vicinity of their shooting position.
14. No rapid firing.
15. Do not aim a gun above the mid-point of the berm behind the target backer boards.

