
OBPD Women's Firearms Class 2025





Safety First

All handguns must made safe.

Semi auto cleared with slide back. *"Show Clear"*

Revolver Cylinders open.

No ammo with the guns.

The background of the slide features the official seal of the Orange Beach Police Department. The seal is circular, with a gold outer ring containing the words "ORANGE BEACH" at the top and "POLICE DEPARTMENT" at the bottom, separated by two gold stars. Inside the ring is a shield-shaped emblem. The top of the shield has a red banner with "ORANGE BEACH" in white, and below it, "ALABAMA" in gold. The center of the shield depicts a white police boat on blue and orange water, with a large orange sun and a seagull in the background. The bottom of the shield has a red banner with "POLICE" in white. A small gold star is located on the right side of the seal.

Trainer Introductions



Participant Introductions

What's your name?

What is the "Why" for you signing up for this class?

Share a fun fact about yourself.

OBPD Firearm Training Course Outline

What will be covered in this training class

Gun Safety

Gun Handling

How to grip a hand gun
Proper stance

Shooting Accuracy

Ways to carry a
Handgun

Self Defense Strategies

Situational Awareness
Cover vs. Concealment

Using a Gun in Defense

Home Checklist

Hand Gun

Choosing the Best Gun
Buyers Checklist

Range Rules

Gun Safety

Attitude, knowledge and skills are essential for selecting, safely handling, storing, and cleaning a firearm.



Gun Safety

Attitude. The way we *think or feel* about something, which influences how we behave. It's our *mental stance or approach* towards different aspects of life.

Knowledge. Information and understanding acquired through *experience, education, or study*.

Skills. The ability to perform tasks effectively, developed through *practice, training*.



Gun Safety

Gun Safety is everyone's responsibility.

The three **most important** rules of gun safety:

1. **ALWAYS** keep a gun pointed in a safe direction (Normally down range)
 2. **ALWAYS** keep a gun unloaded until ready to fire
 3. **ALWAYS** keep your finger off the trigger until ready to fire.
-





Gun Safety *continued*



Other Rules To Keep In Mind:

4. Know your target and what is beyond.
5. Know how to use the gun safely.
6. Be sure the gun is safe to operate.
7. Use only the correct ammunition for your gun.
8. Wear eye and ear protection as appropriate.
9. Never use alcohol or drugs before or while shooting.
10. Be aware that certain types of guns and many shooting activities require additional safety precautions.



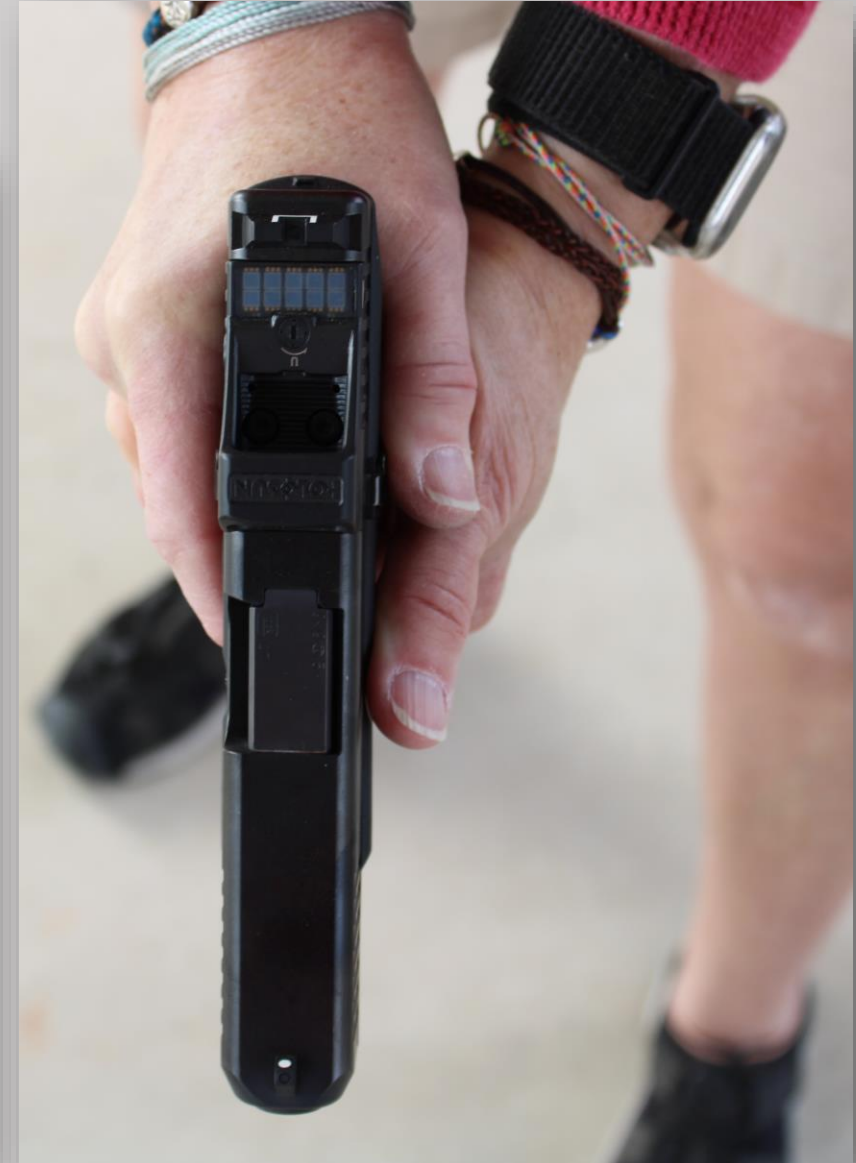
Handgun

Semi- Automatic Pistol & Revolver Parts



Proper Grip

How to grip a handgun



Proper Grip

How to grip a handgun



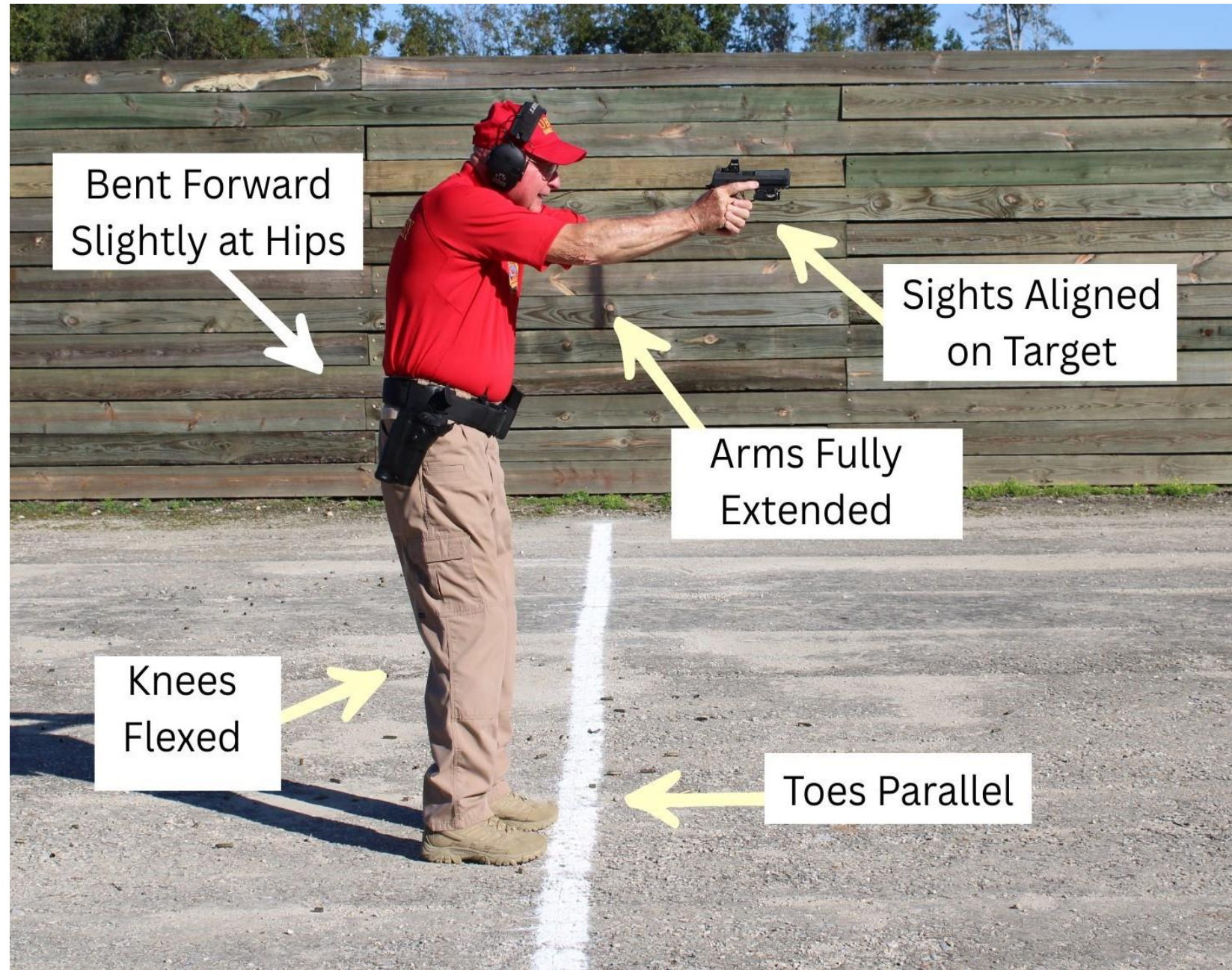
Proper Grip?

How to grip a handgun



Practice

Stance



Proper Stance



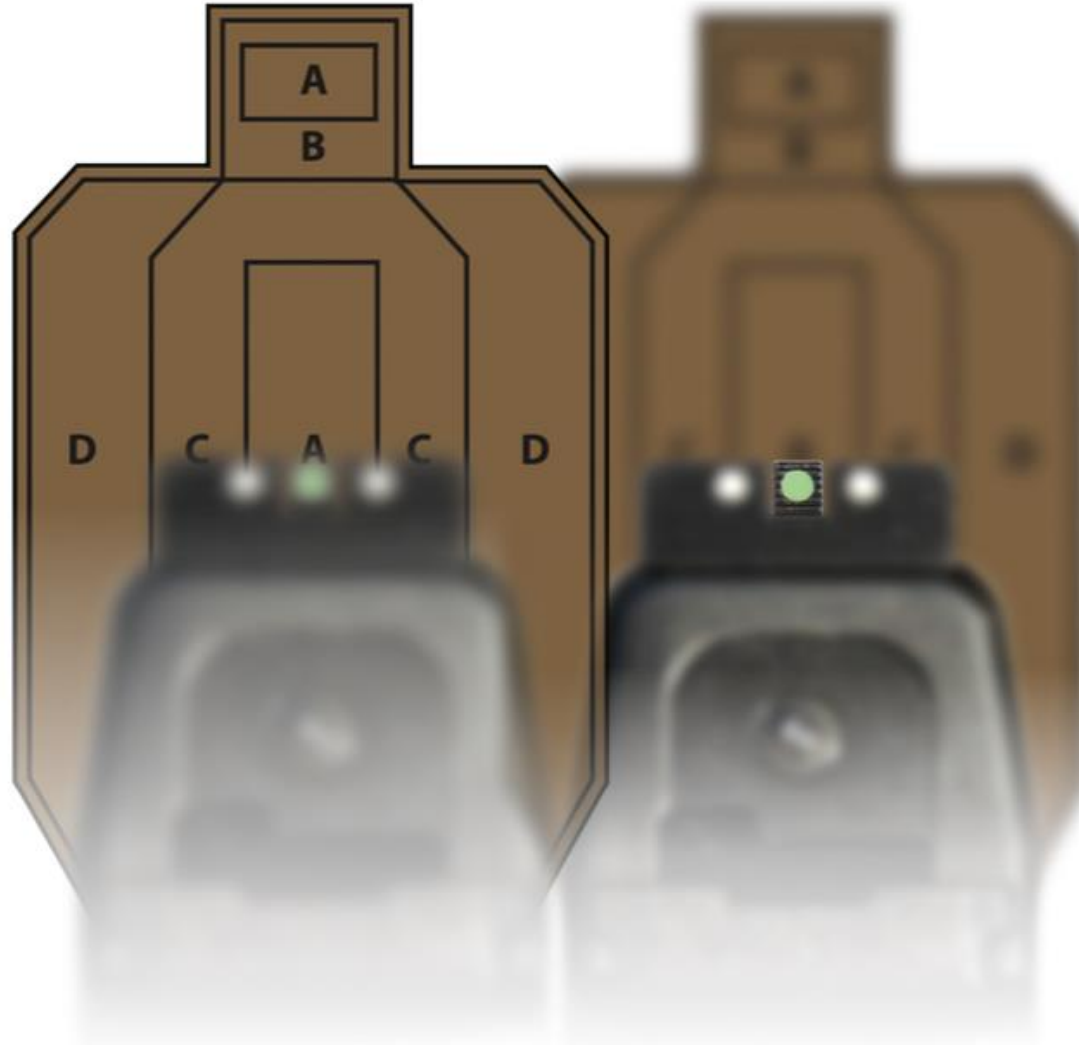
Sight

Improving Shooting Accuracy



Flash Sight Picture

A “flash sight picture” occurs when the shooter is able to get a rapid “overlay” of the sights on the target, without focusing on the front sight, and without taking the time to gain perfect sight alignment. The shooter looks for a “flash” of the sights on the target, to verify proper alignment, rather than using the sights to gain proper alignment.

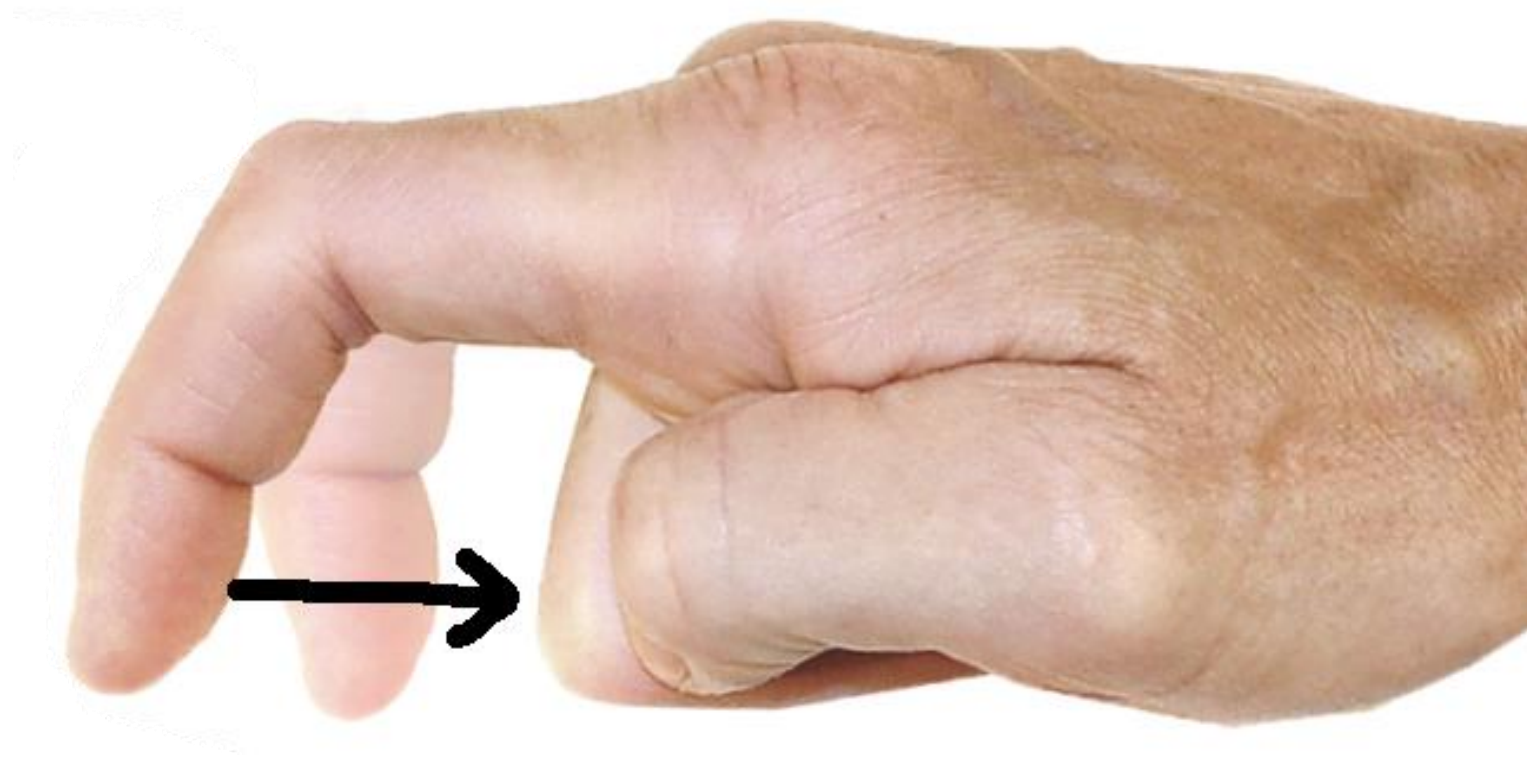


Sighted Fire

When the requirements for precision require that you must use sighted fire, it's important to focus on the front sight rather than the target for the most precise shot. The front sight will be in complete focus, the rear sight will be semi-blurred, and the target will be the blurriest thing in your sight picture.

Finger Control

Improving Shooting Accuracy



*Wherever the trigger is placed, the finger must be pressed **STRAIGHT** to the rear so that muzzle alignment is not disturbed.*

Trigger



Improving Shooting Accuracy

Trigger Function



Reset Point

The trigger resets at this point, and can be pressed again, without letting the trigger travel all the way forward to the rest position.



Break Point

The point at which the striker is released, and the gun fires.



At Rest

The trigger is fully forward.

Rapid Fire Survey

1. Number 1-5
2. Do Not Look Around
3. Answer Quickly



1

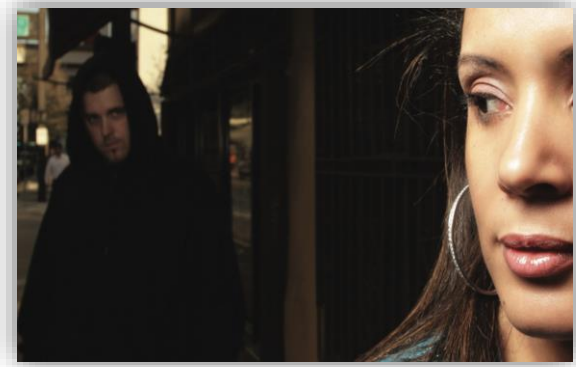
GOLDEN RULE

*DON'T GO ANYWHERE WITH
YOUR GUN YOU WOULDN'T
GO WITHOUT YOUR GUN*

3

STAY ALERT

NOTICE WHO NOTICES YOU



2

DITCH THE TECH

STAY OFF THE PHONE



4

PARK IN WELL-LIT AREAS

*PREDATORS SEEK
DARKNESS*

5

AVOID DANGEROUS AREAS

DON'T TAKE SHORTCUTS

6

USE WHAT YOU HAVE

PAY ATTENTION





Self Defense Strategies

Cover

- is anything that will stop in-coming rounds.
- is dense, solid and impenetrable.
- offers you the best chance to avoid the impact of bullets coming your way.

Cover vs. Concealment

According to the 3-11, the USMC's guide to Scouting Patrolling, cover and concealment are defined as: **"Cover is protection from the fire of hostile weapons. Concealment is protection from observation."**

Concealment

- simply hides you from your attacker.
- is better than nothing because it, at the very least, obscures your outline and does not give your attacker the opportunity to acquire a perfect sight picture.
- will not stop bullets, and in a perfect world, concealment is simply a brief stop on the way to cover.

Using a Gun in Defense

What we will cover

Know your Rights

Alabama Use of
Force
Code of Alabama
13A-3-23

Castle Doctrine

Right to Carry and
Pistol Permits

Reciprocity with
other states



Know Your Rights

Section 13A-3-23 - Use of force in defense of a person.

A person is justified in using physical force upon another person in order to defend himself or herself or a third person from what he or she reasonably believes to be the use or imminent use of unlawful physical force by that other person, and he or she may use a degree of force which he or she reasonably believes to be necessary for the purpose. A person may use deadly physical force, and is legally presumed to be justified in using deadly physical force in self-defense or the defense of another person.

Then the code provides exceptions to the above



Stand Your Ground

Alabama law provides:

A person who is justified to use physical force, including deadly physical force, and who is not engaged in an unlawful activity and is in any place where he or she has the right to be has no duty to retreat and has the right to stand his or her ground.



Castle Doctrine in Alabama



Alabama considers a person's home as his castle and thus has a right to defend it.

- The doctrine is extended to a business or vehicle if the person is in the business or vehicle.
- A person has the right to defend his person and property as long as they are present in said home, business or vehicle.

Know Your Rights and Responsibilities

Alabama is a “Right to Carry” State

That means no permit is required to carry a handgun on your person or in your vehicle; that does not entitle you to carry on your person or in a vehicle a firearm in a state other than Alabama

Alabama also provides, for a fee, a “Pistol Permit”

Another state may recognize and accept that permit with or without limitations. (See map on next page)

Each state will have its own set of regulations on processing and carrying a firearm. It is your responsibility to understand and comply with those regulations when you travel.

Know the laws and regulations of the state to which to travel.



Contingency State Map



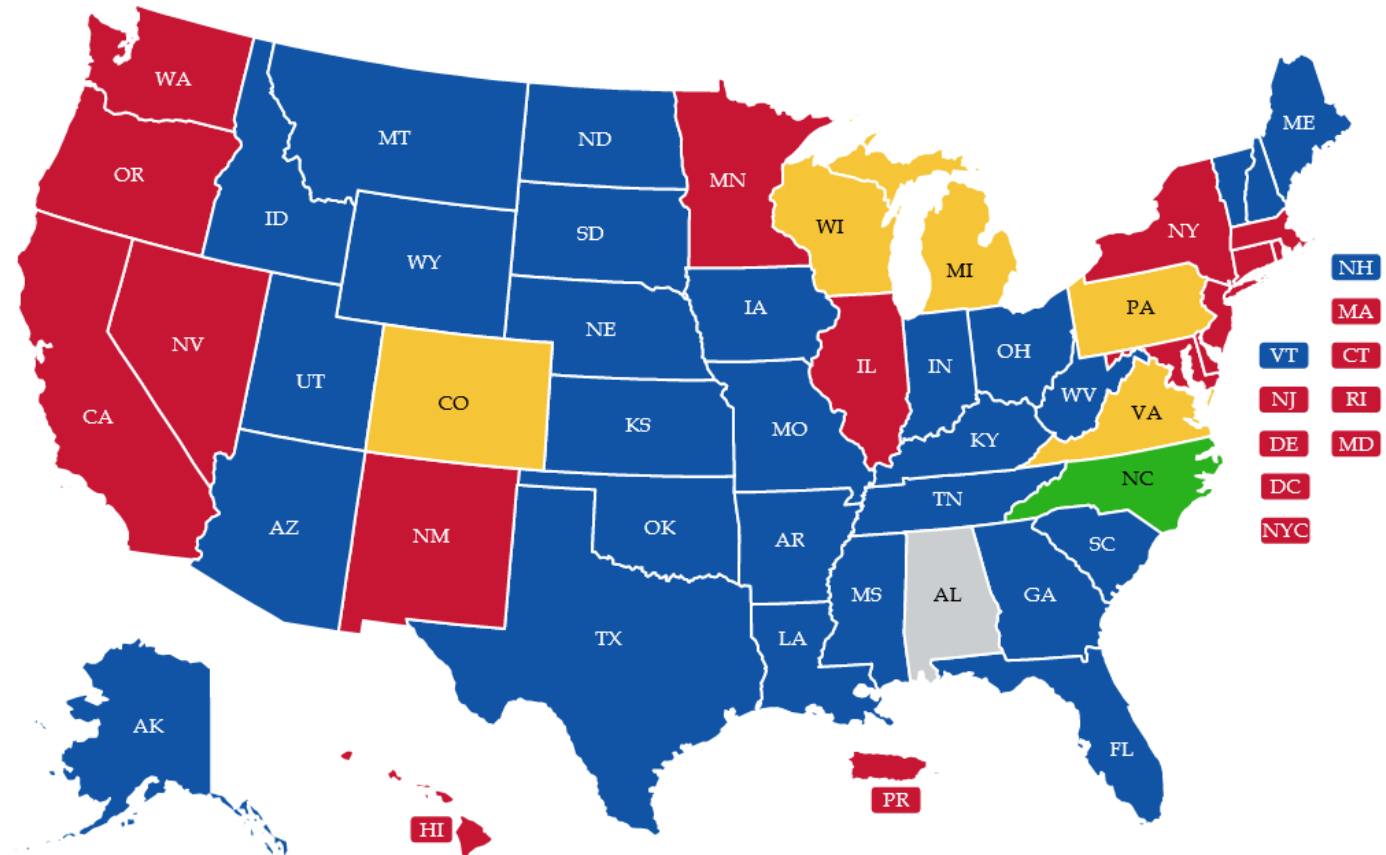
Alabama

Concealed Carry Reciprocity Map & Gun Laws

View Updates: 2024-11-13



Print



Carry allowed with my Alabama permit?

Red No Grey Yes, Selected State(s) Green Yes Blue Yes, Constitutional Carry ([Check Ages](#)) Yellow Yes, Other Restrictions



YOUR ULTIMATE HOME-DEFENSE CHECKLIST

FORTIFYING YOUR HOME

- ☐ Install exterior lighting for all sides of your house and yard.
- ☐ Keep your doors, windows and garage locked when you're home and away.
- ☐ Keep your grass maintained and bushes trimmed (especially those near entry points).
- ☐ Keep your windows clean, clear of clutter and securely locked.
- ☐ Keep valuables, such as jewelry, laptops and other electronics, out of plain sight.
- ☐ Install an alarm system and set it every day.

YOUR HOME-DEFENSE FIREARM

- ☐ Keep your designated home-defense firearm loaded and in its proper location.
- ☐ Designate an age-appropriate family member to retrieve the firearm in an emergency.
- ☐ Obey all federal and state safe-storage laws.

CALLING FOR HELP

- ☐ Know where your phone is located (even in the dark).
- ☐ Designate one family member to call 911.
- ☐ Give your family instructions on what to do and say when the police arrive.

A PLAN FOR YOUR FAMILY

- ☐ Observe your surroundings when entering and exiting your home.
- ☐ Assign tasks to each family member in the case of a home invasion.
- ☐ Designate a safe room or location where the entire family should meet.
- ☐ Designate an exit strategy and meeting place if your family is forced to leave your home.
- ☐ Define commands and who should issue them to the intruder(s).
- ☐ Define a family code word to identify who and where you are.

INVESTING IN YOUR SECURITY

- ☐ Locking metal screen door
- ☐ Security alarm system
- ☐ Additional exterior lighting
- ☐ High-security door locks
- ☐ High-security casement windows

Buyer's Checklist

Handgun



1

- Find a gun that fits your hand
- Should feel good from the start

2

- Find a gun you will feel comfortable
- Things like weight and size are important

3

- Choose a caliber that you can control

Buyer's Checklist *Continued*

Handgun



4

- Seek knowledgeable advice
- Always find a trusted source for advice

5

- Choose what works for you
- Never be pressured into buying a gun, it's a personal choice

6

- Find a good trainer and coach
- Practice often– develop muscle memory

The Range and Its Environment

What we will cover

Range Safety Officers

Range Commands

Environment on the Range

Range Rules





Range Safety Officers

Range Safety Officers are NRA trained and certified

- Volunteers with the Orange Beach Police Department and under the supervision of a Police Officer
- Red Baseball caps and Red Polo Shirts

Primary Role – *Safety*

Secondary Role – *Instruction and Coaching*



Range Commands



Range commands you must know and react to immediately:

“Cease Fire or range is cold”

“Show Clear”

“Ready on the left and right”

“Commence fire or range is hot”

As soon as *cease fire* is called.

- All guns must be set on the table with the slides locked open for pistols and cylinders open for revolvers.
- Barrels facing down range.

Remember anyone can call
“cease fire” if it pertains to the
safety of all on the range.





Range Commands



“Show Clear”



Video: Range Commands



Environment on the Range



Be prepared and aware while shooting.

There will be a lot of:

- Noise
- Smoke
- Flying shell cases

Everyone's responsibility is **safety first!**

Facilities

Range Rules



1. **Firing stations are provided at 7, 15, 25 and 50 yards.** Firing is allowed only at the firing line station designated by the Range Safety Officer, normally the 7 yard line. Use of another station maybe permitted depending on availability and at the discretion of a Range Safety Officer.
2. **Firing is at authorized targets only.** Use of alternative, user supplied, targets maybe granted at the discretion of a Range Safety Officer.
3. A shooter will remain at the firing station line at all times unless returning to the rear of the range. Targets will be changed only by a Range Safety Officer.
4. Expended shell cases must be pickup and removed from the range, or place in a designated container for disposal.
5. Shooters will remain on the designated firing lines; when under "cease fire" conditions, Range Safety Officers may grant permission to move off the firing line to facilitate picking up shell cases.
6. Appropriate hearing and eye protection is required by all persons down range of the 50 yard line firing line.

Safety

Range Rules



1. Always keep a gun pointed in a safe direction (normally down range).
2. Always keep a gun unloaded until ready to fire.
3. Always keep your finger off the trigger, until ready to fire.
4. Guns are to be loaded and unloaded at the firing line only.
5. Guns going to or coming off the firing line should be holstered, in a case, or carried with the magazine removed, and slide or cylinder opened. Magazines may be loaded in an area designated by the Range Safety Officer.
6. Report malfunctions (failure to fire, failure to feed, etc.) to a Range Safety Officer for assistance.
7. Use of tobacco, alcohol, or drugs is prohibited. (No food at the firing line)
8. Use of cell phones beyond the 50 yard line is prohibited.
9. Shooters will conduct themselves in an orderly manner at all times.
10. To ensure safety for shooters and observers, proper range attire is required. (If in doubt ask a Range Safety Officer.)
11. Shooters are responsible for their guns and ammunition while on the grounds of the Shooting Range.
12. Any shooter may call "cease fire" if a safety violation is observed. All shooters will cease fire upon hearing the command, place their guns in a holster, case or on the ground on the firing line with cylinder or slide open and magazine removed.
13. Shooters are responsible for picking up their own brass and any other brass in the vicinity of their shooting position.
14. No rapid firing.
15. Do not aim a gun above the mid-point of the berm behind the target backer boards.

Questions?

Training Materials



Off to the Range!

