

**OBPD
Women's
Firearms
Class
2026**





Safety First

All handguns must made safe.



Semi auto cleared with slide back. *"Show Clear"*



Revolver Cylinders open.



No ammo with the guns.

The background of the slide is a large, semi-transparent seal of the Orange Beach Police Department. The seal is circular with a gold border. Inside the border, the words "ORANGE BEACH" are at the top and "POLICE DEPARTMENT" are at the bottom, both in gold lettering. The center of the seal features a blue field with a white ship on the water, a red sun, and a seagull. The word "ALABAMA" is written in gold above the ship, and "POLICE" is written in gold below the ship. A single gold star is positioned on the right side of the seal.

Trainer Introductions



Participant Introductions

What's your name?

What is the “Why” for you signing up for this class?

Share a fact about yourself.

OBPD Firearm Training Course Outline

What will be covered in this training class

Handgun
Selection

Gun
Safety

*Gun Handling
Grip, Stance,
Trigger Pull*

Shooting
Accuracy

Ways to Carry a
Handgun

*Self Defense
Strategies*

Alabama Gun Laws
& Using a Gun in
Defense

Range
Rules

Gun Safety

Attitude. The way we *think or feel* about something, which influences how we behave. It's our *mental stance or approach* towards different aspects of life.

Knowledge. Information and understanding acquired through *experience, education, or study*.

Skills. The ability to preform tasks effectively, developed through *practice and training*.



Gun Safety

Gun Safety is everyone's responsibility.

The **three most important rules** of gun safety:

1. ALWAYS keep a gun pointed in a safe direction (normally down range)
2. ALWAYS keep a gun unloaded until ready to fire
3. ALWAYS keep your finger off the trigger until ready to fire.



Gun Safety

Other Rules To Keep In Mind

4. Know your target and what is beyond.
5. Know how to use the gun safely.
6. Be sure the gun is safe to operate.
7. Use only the correct ammunition for your gun.
8. Wear eye and ear protection as appropriate.
9. Never use alcohol or drugs before or while shooting.
10. Certain types of guns and shooting activities require additional safety precautions.



Buyer's Checklist

Handgun



1

Find a gun that fits your hand

2

Weight and size are important

3

Choose a caliber that you can control

4

Seek knowledgeable advice

5

Choose what works for YOU

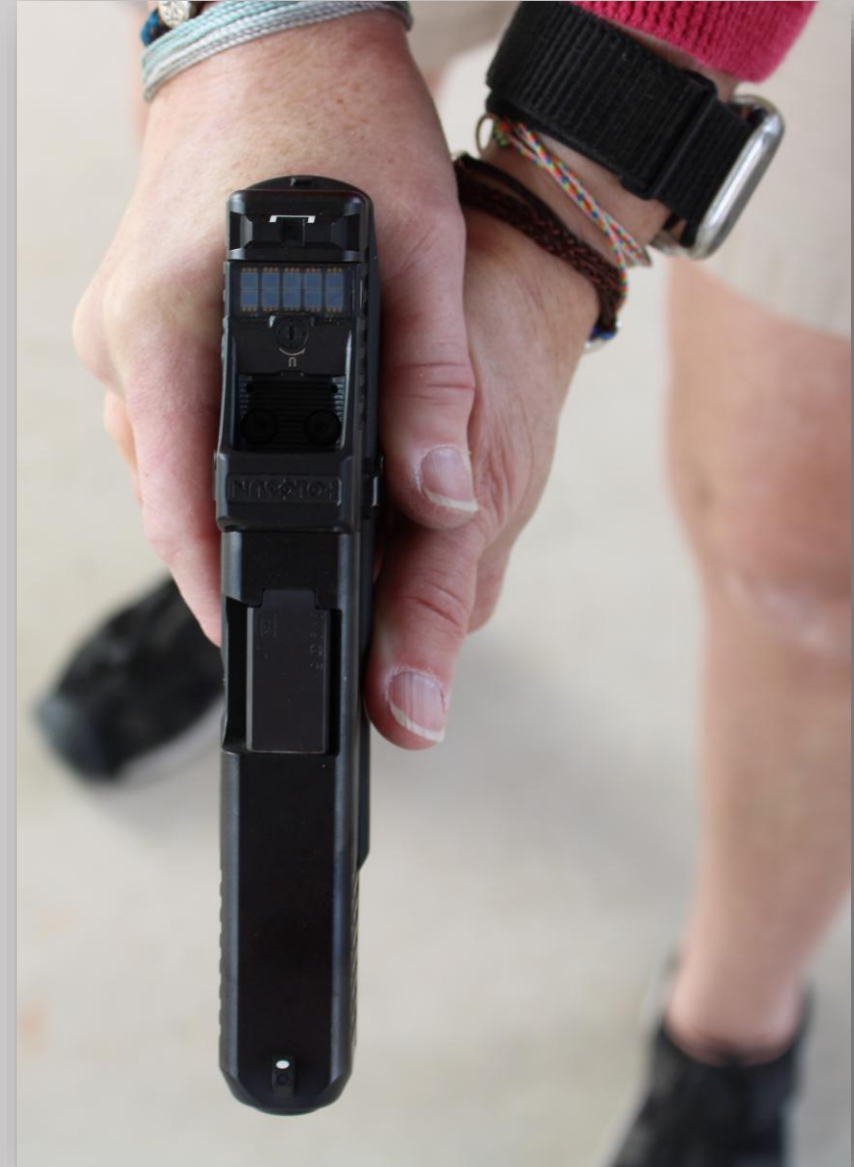
Handgun

Semi- Automatic Pistol



Proper Grip

How to grip a handgun



Proper Grip

How to grip a handgun

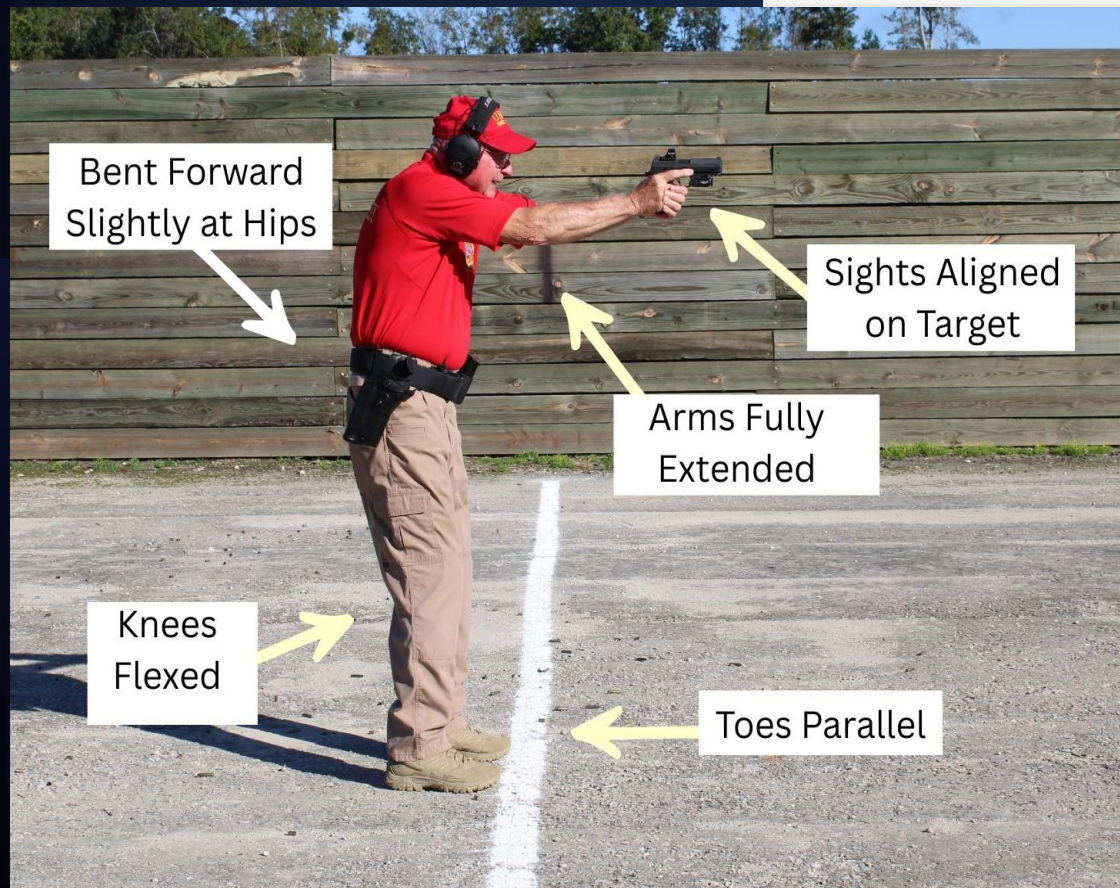


Proper Grip?

How to grip a handgun

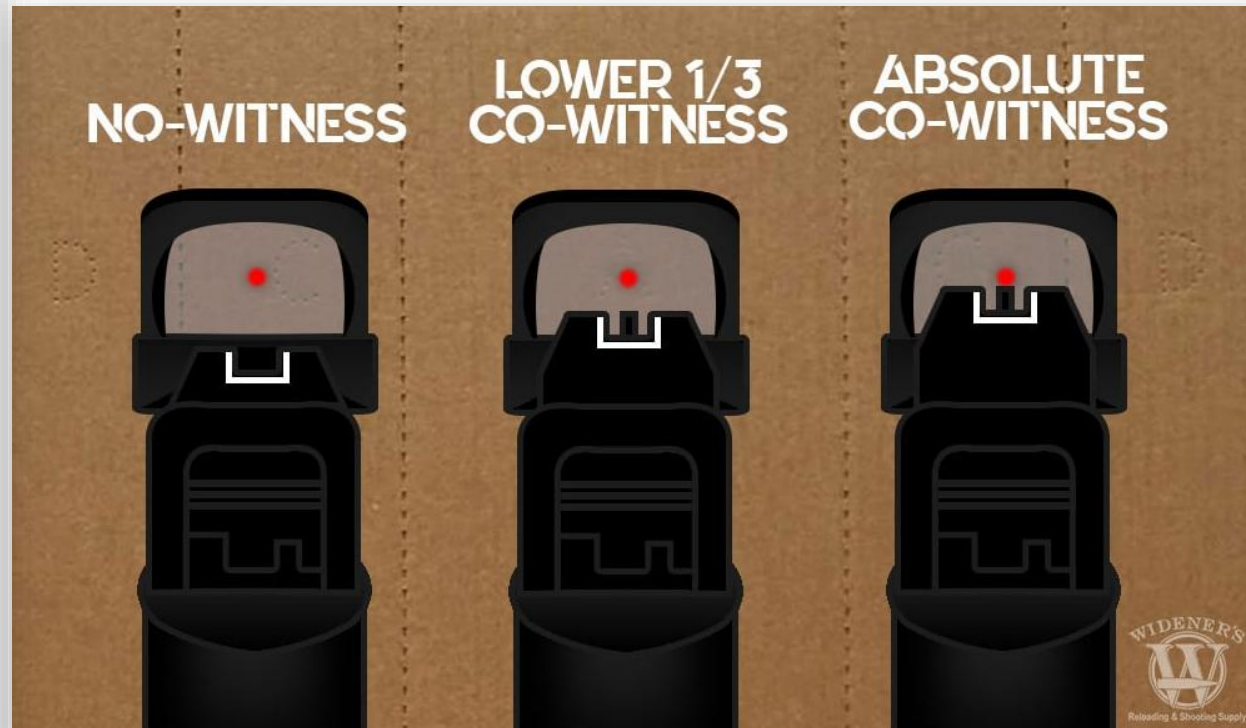


Stance



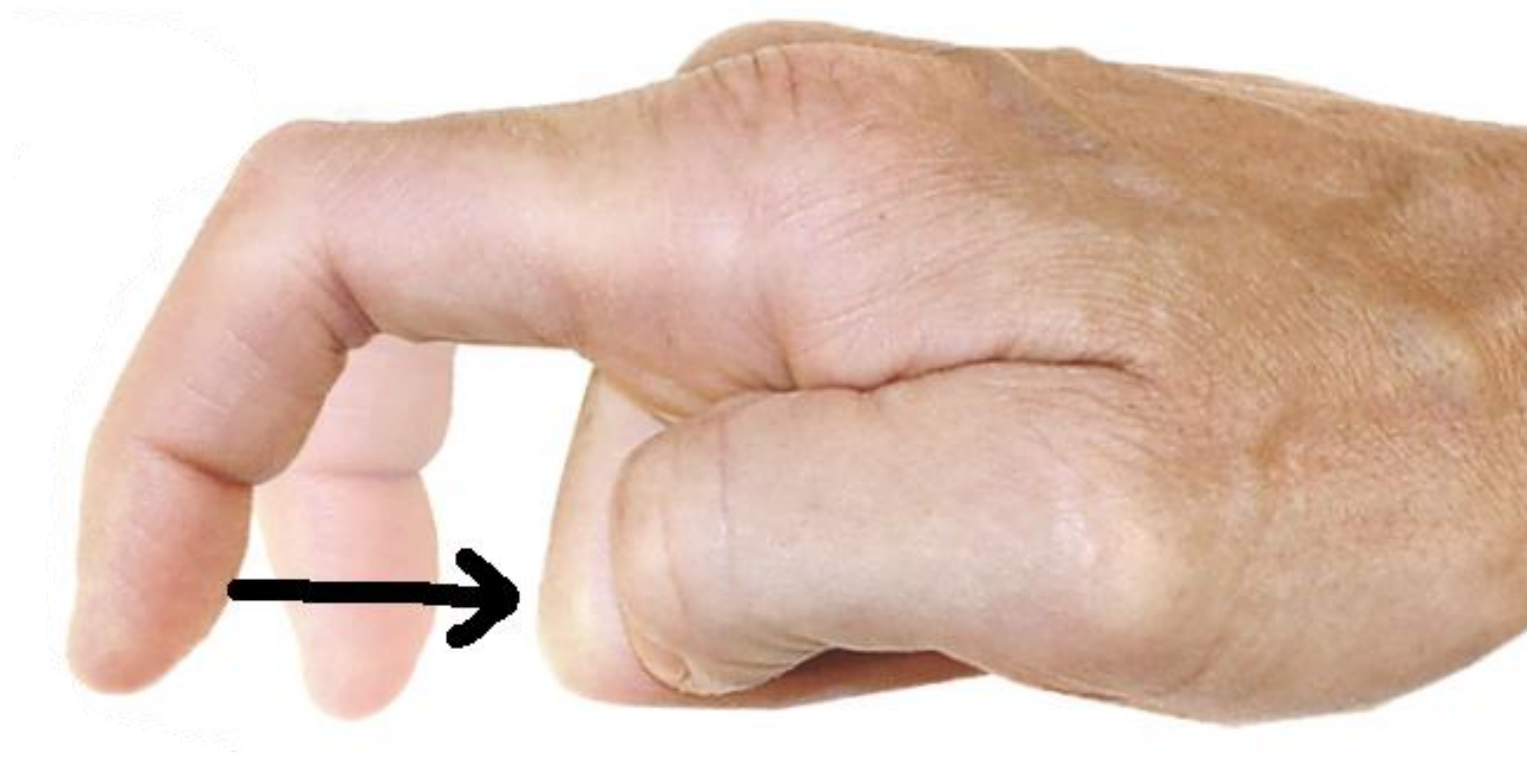
Sight

Improving Shooting Accuracy



Finger Control

Improving Shooting Accuracy



*Wherever the trigger is placed, the finger must be pressed **STRAIGHT** to the rear so that muzzle alignment is not disturbed.*

Trigger



Improving Shooting Accuracy

Trigger Function



Reset Point

The trigger resets at this point, and can be pressed again, without letting the trigger travel all the way forward to the rest position.



Break Point

The point at which the striker is released, and the gun fires.



At Rest

The trigger is fully forward.

Improving Shooting Accuracy

Trigger Function



Rapid Fire Survey

1. Number 1-5
2. Do Not Look Around
3. Answer Quickly



1

GOLDEN RULE

*DON'T GO ANYWHERE WITH
YOUR GUN YOU WOULDN'T
GO WITHOUT YOUR GUN*

2

DITCH THE TECH

STAY OFF THE PHONE

3

STAY ALERT

NOTICE WHO NOTICES YOU

4

PARK IN WELL-LIT AREAS

*PREDATORS SEEK
DARKNESS*

5

AVOID DANGEROUS AREAS

DON'T TAKE SHORTCUTS

6

USE WHAT YOU HAVE

PAY ATTENTION



Self Defense Strategies



- Hides you from your attacker.
- Better than nothing!
- Obscures your outline.
- Does not give attacker way to get perfect sight.
- Will not stop bullets.
- Brief stop on way to cover.

- Anything that will stop incoming round.
- Dense, solid, impenetrable.
- Offers best chance to avoid the impact of bullets.

Alabama Laws & Using a Gun in Defense

What we will cover

Alabama Use
of Force

Castle
Doctrine

Stand your
Ground

Right to Carry
and Pistol
Permits

Reciprocity
with other
states



Use of Force in Defense of a Person

Section 13A-3-23

A person is **justified in using physical force upon another person** in order to **defend himself or herself** or a **third person** from what he or she **reasonably believes** to be the use or imminent use of **unlawful physical force** by that other person, and he or she may **use a degree of force** which he or she **reasonably believes to be necessary** for the purpose.

A person may use deadly physical force and is legally presumed to be justified in using deadly physical force in self-defense or the defense of another person.

Then the code provides exceptions to the above.



Stand Your Ground

§ 13A-3-23(b)

Alabama law provides:

A person who is justified to use physical force, including deadly physical force, and who is not engaged in an unlawful activity and is in any place where he or she has the right to be has no duty to retreat and has the right to stand his or her ground.



Castle Doctrine in Alabama



§ 13A-3-23(a)(5)

Alabama considers a person's home as his castle and thus has a right to defend it.

- The doctrine is extended to a business or vehicle if the person is in the business or vehicle.
- A person has the right to defend his person and property as long as they are present in said home, business or vehicle.

Know Your Rights and Responsibilities

Alabama is a “Right to Carry” State

That means no permit is required to carry a handgun on your person or in your vehicle; that does not entitle you to carry on your person or in a vehicle a firearm in a state other than Alabama

Alabama also provides, for a fee, a “Pistol Permit”

Another state may recognize and accept that permit with or without limitations. (See map on next page)

Each state will have its own set of regulations on processing and carrying a firearm. It is your responsibility to understand and comply with those regulations when you travel.

Know the laws and regulations of the state to which to travel.



Contingency State Map



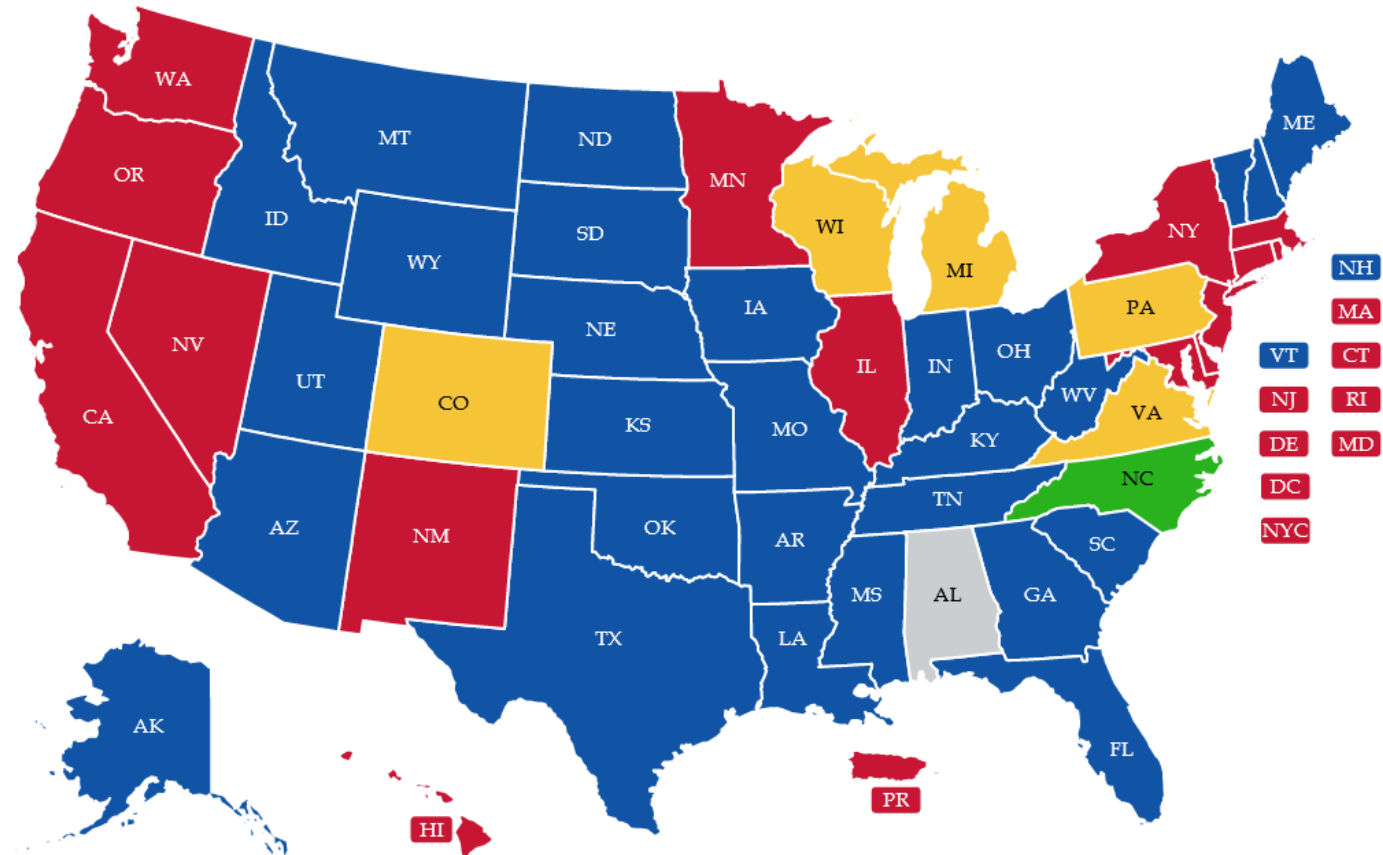
Alabama

Concealed Carry Reciprocity Map & Gun Laws

View Updates: 2024-11-13



Print



Carry allowed with my Alabama permit?

Red: No Gray: Yes, Selected State(s) Green: Yes Blue: Yes, Constitutional Carry ([Check Ages](#)) Yellow: [Yes, Other Restrictions](#)

The Range and Its Environment

What we will cover

Range Safety Officers

Range Commands

Environment on the Range

Range Rules



Range Safety Officers



Range Safety Officers are NRA trained and certified

- Volunteers with the Orange Beach Police Department and under the supervision of a Police Officer
- Red Baseball caps and Red Polo Shirts

Primary Role – *Safety*

Secondary Role – *Instruction and Coaching*

Range Commands

Range commands you must know and react to immediately:

“Cease Fire” or “Range is cold”

As soon as *cease fire* is called:

- All guns must be **set on the table**
 - **slides locked open** for pistols
 - **cylinders open** for revolvers
- Barrels facing down range

Anyone can call “cease fire” if it pertains to the safety of all on the range.

“Show Clear”

“Ready on the left and right”

“Commence fire” “Range is hot”



Range Commands



“Show Clear”



Video: Range Commands



Environment on the Range



Be prepared and aware while shooting.

There will be a lot of:

- Noise
- Smoke
- Flying shell cases

Everyone's responsibility is **safety first!**

Facilities

Range Rules



1. **Firing stations are provided at 7, 15, 25 and 50 yards.** Firing is allowed only at the firing line station designated by the Range Safety Officer, normally the 7 yard line. Use of another station maybe permitted depending on availability and at the discretion of a Range Safety Officer.
2. **Firing is at authorized targets only.** Use of alternative, user supplied, targets maybe granted at the discretion of a Range Safety Officer.
3. A shooter will remain at the firing station line at all times unless returning to the rear of the range. Targets will be changed only by a Range Safety Officer.
4. Expended shell cases must be pickup and removed from the range, or place in a designated container for disposal.
5. Shooters will remain on the designated firing lines; when under “cease fire” conditions, Range Safety Officers may grant permission to move off the firing line to facilitate picking up shell cases.
6. Appropriate hearing and eye protection is required by all persons down range of the 50 yard line firing line.

Safety Range Rules



1. Always keep a gun pointed in a safe direction (normally down range).
2. Always keep a gun unloaded until ready to fire.
3. Always keep your finger off the trigger, until ready to fire.
4. Guns are to be loaded and unloaded at the firing line only.
5. Guns going to or coming off the firing line should be holstered, in a case, or carried with the magazine removed, and slide or cylinder opened. Magazines may be loaded in an area designated by the Range Safety Officer.
6. Report malfunctions (failure to fire, failure to feed, etc.) to a Range Safety Officer for assistance.
7. Use of tobacco, alcohol, or drugs is prohibited. (No food at the firing line)
8. Use of cell phones beyond the 50 yard line is prohibited.
9. Shooters will conduct themselves in an orderly manner at all times.
10. To ensure safety for shooters and observers, proper range attire is required. (If in doubt ask a Range Safety Officer.)
11. Shooters are responsible for their guns and ammunition while on the grounds of the Shooting Range.
12. Any shooter may call "cease fire" if a safety violation is observed. All shooters will cease fire upon hearing the command, place their guns in a holster, case or on the ground on the firing line with cylinder or slide open and magazine removed.
13. Shooters are responsible for picking up their own brass and any other brass in the vicinity of their shooting position.
14. No rapid firing.
15. Do not aim a gun above the mid-point of the berm behind the target backer boards.



Questions?



Training Materials



Off to the Range! 